

Elementary Breakfast Menu

Mon	Tue	Wed	Thu	Fri
French Toast Sausage Link Fruit Choice & Milk	Egg & Cheese Omelet, Toast Fruit Choice & Milk	Waffles Sausage Link Fruit Choice & Milk	Pancake Sausage Link Fruit Choice & Milk	Muffin & Yogurt Fruit Choice & Milk

High School Breakfast Menu

Mon	Tue	Wed	Thu	Fri
Meat, Egg & Cheese on an English Muffin Fruit Choice & Milk	WG Pancake Sausage link Fruit Choice & Milk	Biscuit and gravy Fruit Choice & Milk	French Toast Sausage Link Fruit Choice & Milk	Meat, Egg & Cheese on a Bagel Fruit Choice & Milk

Elementary

Daily Breakfast offerings

*Grab & Go Meals:

Cereal bar, yogurt & fruit.

*Cereal w/ bread

Milk Choice

1% white milk

Fat free chocolate milk

Breakfast Serving Times

Elementary: 7:15am –

8:00am

Middle & High: 7:30 -8:00am

Latchkey Snack

We have snack time each afternoon. If your child would like to participate in snack time, you can send a snack from home or elect to purchase a snack through the Cafeteria.

Beverage (1)

100% juice

1% White Milk

Fat Free Choc. Milk

Protein (1)

Cheese Stick

Yogurt

Grain (1)

Muffin

Popcorn

Bug Bites

Pop tarts

Assorted Crackers

Fruit (1)

Apple

Oranges

High School

Parfait

Blueberry Bagel

Cinnamon Raisin Bagel

Cereal Options

Milk Choice

1% white milk

Fat free chocolate milk

Prices

Students: Free

Adult BRK: \$3.50

*Do you want to track your child's purchases, balance and deposit money on to their food service account. Contact Valerie Baker at vbaker@newlothrop.k12.mi.us. And ask how.

Snack Prices